



## PRICE LIST

### Lifestyle Services:

#### Consultations

##### Dr Mishkat Shehata – Lifestyle medicine consultations:

Initial consultation (45-minute) cost £150

Follow-up consultation (30 minutes) cost £100

##### Alejandra McCall – Registered dietitian (lifestyle medicine certified)

Initial consultation (60 mins) cost £120

Follow-up consultation (45 mins) cost £85

Package I: £325 (4 consultations)

Package II: £615 (8 consultations)

Package III: £865 (12 consultations)

##### Rachel Huban – Plant-based fertility nutrition & mindset coaching consultations:

Initial consultation (60 mins) costs £80

Follow-up consultation (45 mins) cost £55

Package I: Two consultations for £120

Package II: Six consultations (as part of 12-week programme) for £345

##### Martine Nates – Mindfulness consultations:

60-minute consultations cost £55

60-minute couple consultations cost £100

40-minute drop-in workshop costs £15

Martine also offers an 8-week Mindfulness-Based Stress Reduction (MBSR) course for individuals, couples and groups. Price upon enquiry.





### Hussein Shehata – Personal training consultations

Initial consultation (60 mins) cost £80

Follow-up consultation (30 mins) cost £55

Package I: £200

- Four sessions over 4 weeks
- Personalised workout plan

Package II: £560

- Twelve sessions over 4 weeks (3 per week)
- Personalised workout plan

### Lifestyle Tests

Blood test packages:

1. Package I: £350
2. Package II: £300
3. Weight loss package: £175

Atlas Biomed Gut microbiome test kit: £150 per test

Atlas DNA test kit: £400 per test

### Products

Fitbit Inspire 2 - £89.99

Fitbit Versa 3 - £199.99

Fitbit Sense - £299.99

Alflorex capsules - £24.95

Alflorex chewable tablets - £29.99

Zenflore capsules - £27.50





### **Weight loss service**

Ozempic pen - £175

Saxenda 3 pen pack - £230

Saxenda 5 pen pack - £300

Blood test package - £175

ECG – £50

Bio-impedance analysis for body fat distribution – £150

Weight loss packages can be found [here](#)


### **🏠 Long COVID health check:**

45-60 minute private GP appointment with bloods, ECG and treatment plan report - £450

Unfortunately, we are unable to claim on your behalf for lifestyle & Long COVID services. We solely operate on a self-pay basis.





 **Fertility & Recurrent miscarriages services:**

For recurrent miscarriage & fertility bookings, please visit [www.crpclinic.co.uk](http://www.crpclinic.co.uk) for more information. You can email [office@crpclinic.co.uk](mailto:office@crpclinic.co.uk) or call CRP Clinic on [+44 1372 232 221](tel:+441372232221)/[+44 2084 019 928](tel:+442084019928).

**Consultations**

Mr Hassan Shehata – Recurrent Miscarriage Consultations:

Insured and self-paying Initial consultation fee: £325

Insured and self-paying follow-up consultation fee: £195

Follow up consultation fee £275

Mr Haider Jan – Fertility & IVF Consultations:

Initial fee: £250

Follow-up fee: £200

Mr Stephen Gordon – Male Fertility Consultations:

30-minute consultation fee: £210

**Tests**

For a full PDF price list of fertility tests, scans and other services please [click here](#)

